

## **HEALTH & SAFETY POLICY**

**Revision No - 01/09/2022** 

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# Jmr Cleaning Limited

Registered in England & Wales

Company Registration No: 9499764

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#### 1.0 POLICY STATEMENT

#### **GENERAL STATEMENT OF INTENT**

Jmr Cleaning Limited is committed to ensuring the safety of its employees, customers, members of the public and anyone else who are affected by our operations.

The company commits to operating in accordance with the Health and Safety at Work (etc) Act 1974, The Management of Health & Safety Regulations 1999 and all other applicable regulations and codes of practice, so far as is reasonably practicable.

The management will ensure that significant risks are assessed and suitable and sufficient measures are adopted to allow each employee/contractor to carry out his/her duties safely and without risk to health. Suitable equipment will be provided and maintained in a safe condition, and safe systems of work will be devised.

The company shall strive to achieve continuous improvement in Health & Safety performance.

Each employee/contractor will be made aware of his/her responsibility for his/her own health and safety and that of others. All employees/contractors will be given the opportunity to consult with the management on matters relating to Health & Safety, or to appoint a representative to do so.

Where necessary the company will arrange or provide suitable training for both management and operatives, in particular where new work practices or equipment are introduced.

The company will seek external advice as necessary to keep its health & safety policy, working practices and equipment up to date and in accordance with current legislation.

Ultimate responsibility in all areas of safety rests with the Managing Director. This duty is of no less importance than any of the responsibilities attached to that position.

Reviews of Health and Safety Policy will be made annually no later than the 31<sup>st</sup> January. The monitoring of all issues relating to this policy is the responsibility of the Managing Director.

Signed	Date
Mark Roberts	
Managing Director	

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Jmr Cleaning Ltd

#### 2.0 PRINCIPAL LEGISLATION

The principal health and safety legislation that may affect the company's operations is listed below.

- Chemicals (Hazard Information and Packaging for Supply) Regulations
- Control of Asbestos at Work Regulation
- Control of Substances Hazardous to Health Regulations
- Electrical Equipment (Safety) Regulations
- Electricity at Work Regulations
- Employers Liability (Compulsory Insurance) Regulations
- Environmental Protection Act
- Gas Safety (Installation and Use) Regulations
- Health and Safety (Consultation with Employees) Regulations
- Health and Safety (Display Screen Equipment) Regulations
- Health and Safety (First Aid) Regulations
- Health and Safety (Information for Employees)
- Regulations Health and Safety (Miscellaneous) Regulations
- Health and Safety (Safety signs and Signal) Regulations
- Management of Health & Safety at Work Regulations
- Manual Handling Operations Regulations
- Noise at Work Regulations
- Personal Protective Equipment (PPE) Regulations
- Provision and Use of Work Equipment Regulations
- Regulatory Reform Fire Safety Order
- Reporting of Injuries Diseases and Dangerous Occurrences Regulations
- Safety Representatives and Safety Committee's Regulations
- The Clean Air Act
- The Health & Safety at Work etc Act
- The Work at Height Regulations
- The Working Times Regulations
- The Workplace (Health, Safety and Welfare) Regulations

The above lists legislation relevant to the company business, but is not exhaustive. Additional specific legislation may be added and checks made via HSE to ensure latest amendments to regulations and ACOPs are available.

The company will formulate a policy and implement procedures to ensure that it complies, as a minimum, with the provisions of the above relevant legislation for the benefit of all employees/contractors. This policy will be brought to the attention of all employees/contractors by means of an induction when first joining the company. Any significant changes in the policy or in the relevant legislation will be communicated to all employee/contractors via the management structure as appropriate.

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#### 3.0 ORGANISATION AND MANAGERIAL RESPONSIBILITIES

The company is managed by Mark Roberts, who is directly responsible for Health and Safety matters within the company. The responsible person will seek external assistance where necessary to ensure that the company meets both its statutory obligations and the objectives laid down in this Health & Safety Policy.

The organisation of the workforce is the responsibility of Mark Roberts, who holds the position of Managing Director and who is responsible for ensuring that the company's Health & Safety Policy and associated procedures are implemented by all site operatives.

Day to day management of the company's Cleaning and Janitorial Supply Service operations is the responsibility of Mark Roberts who may be supported by site managers, each responsible for one site or customer premises. Depending on the size and nature of the site, the responsible person may be supported by one or more supervisors responsible for the direct supervision of the company operatives.

#### 4.0 EMPLOYEE/CONTRACTOR RESPONSIBILITIES

Each and every employee/contractor has a statutory duty to take reasonable care in relation to his/her own health & safety, and the health & safety of any other person who may be affected by his/her acts or omissions.

Therefore, it shall be the duty of all employees/contractors whilst at work:

- 1. To take reasonable care for the health & safety of themselves and others, who may be affected by their acts or omissions at work
- 2. To co-operate with the employer to ensure compliance with all the company Health & Safety policies and procedures
- 3. To refrain from intentional or reckless interference with equipment and/or systems provided in the interest of Health, Safety and the Environment
- 4. To co-operate with management when required on such things as accident prevention and all procedures with regard to Health, Safety and the Environment as set out in the Health & Safety at Work etc. Act, the Environmental Protection Act and all associated Regulations and ACOPs
- 5. To maintain good standards of housekeeping in both our and client premises
- 6. To report any accident or incident including near-misses (whether or not personal injury results) to the office
- 7. To report any defects in equipment without delay to their immediate supervisor and not to attempt repairs which they have not been authorised and specifically trained to undertake
- 8. To ensure that no potentially hazardous item, substance or machine is brought on to site or used without the prior knowledge and authority of their immediate supervisor
- 9. To use and, if applicable, wear any item of Personal Protective Equipment. It is a requirement of law that any equipment supplied for safety **must** be used, and when not in use it is properly cleaned, stored and maintained.
- 10. To undergo any Health, Safety, Environmental and Operational training deemed necessary by the company

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#### 5.0 STAFF CONSULTATION

If an employee/contractor becomes aware of any potential breaches of health & safety law, or unsafe working practices he/she must notify the MD or Site Manager.

If an employee/contractor feels that health & safety procedures may be improved, for example by use of alternative equipment, he/she will be encouraged to discuss any suggestions with the management.

#### 6.0 SAFETY FUNCTIONS AND RESPONSIBLE PERSONS

The company has identified the following safety functions and has designated those persons named below as responsible for carrying out those functions.

1.	Risk Assessments	Mark Roberts
2.	Manual Handling Assessments	Mark Roberts
3.	COSHH Assessments	Mark Roberts
4.	Fire Risk Assessments	Mark Roberts
5.	First Aid Arrangements	Mark Roberts
6.	Emergency Procedures	Mark Roberts
7.	Accident Reporting and Investigation	Mark Roberts
8.	Welfare	Mark Roberts
9.	New site audit and inspection	Mark Roberts
10.	Equipment checks	Mark Roberts

Where any of the above named personnel are unable to carry out their duties, for any reason, responsibility will pass to Joanne Roberts to ensure that suitable provision is made to ensure the discharge of each function.

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#### 7.0 ARRANGEMENTS FOR CARRYING OUT DUTIES

#### 7.1 Risk Assessments

The MD or his nominated representative will prepare a generic risk assessment covering the common risks encountered in the company's normal business. If necessary, external assistance will be sought to carry out the generic risk assessments. The significant findings of the risk assessments will be relayed to all staff. Copies of the risk assessments are appended to this health & safety policy.

The MD or his nominated representative will carry out site specific risk assessment for all new sites where the company's employees/contractors are required to work. Such assessments will consider the health and safety of employee/contractors and the public on site. In particular the company is aware of the number of serious injuries from the incidence of Slips, Trips and Falls. The MD therefore will pay particular attention to eliminating these hazards from each site.

#### 7.2 Serious or Imminent Danger

These procedures are in line with Regulation 8 of the Management of Health & Safety at Work Regulations.

It is a policy of the company that no employee or sub-contractor will be made to work in dangerous conditions without due regard to health & safety, and all employees should be aware that there are regulations and procedures regarding serious or imminent danger.

Managers, supervisors and employees are reminded that they must not under any circumstances undertake work, or instruct others to undertake work, where there is a risk of imminent danger, without the correct levels of personal protective equipment, training and safety procedures being in place.

The firm authorises any employee to remove himself/herself to a relative place of safety, when he/she has reason to believe he/she is at serious risk or in imminent danger. Work will not resume in that area until the problem has been neutralised.

Some emergency events can occur and develop rapidly, thus requiring employees to act without waiting for further guidance, for example, in a fire. Employees must, on arrival at new sites, make themselves familiar with the emergency procedures, escape routes and location of fire fighting equipment and assembly points prior to starting work.

Under no circumstances will work activities take priority over safety considerations.

#### 7.3 Working At Height

It is the policy of the company to comply with the Work at Height Regulations. Work at height will not be undertaken under any situation.

#### 7.4 Work Instructions (Method Statements)

Work Instructions (Method Statements) will be developed for all the company's operations, information from the risk assessments will be used to formulate these documents which will be used in training and given to members of staff, the work instructions will be reviewed and updated either periodically or when something significant changes

#### 7.5 Manual Handling Assessments

The MD or his nominated representative will carry out specific manual handling assessments for any necessary operation which has been highlighted as requiring a detailed assessment by the general risk assessment. Where practical, manual handling should be avoided by utilising mechanical means to minimise the risks arising from manual handling.

Manual handling assessments will consider the load to be handled, e.g. tools, equipment, materials etc, its size and weight, the individual, the task and the environment in which the task takes place.

The assessment will also consider the possibility of kinetic lifting techniques to assist the movement of an object and to minimise the risks arising from manual handling.

#### 7.6 Noise

Regular exposure to high noise can cause deafness and tinnitus. Noise assessments will be carried out when ever it is suspected that noise levels may be above 80db(a), and hearing protection will be provided for all operatives. Where noise levels are at 85db(a) or above the company will take measures to reduce the exposure of noise to its employees, by means other than hearing protection; the wearing of hearing protection shall also be enforced

#### 7.7 COSHH Assessments

For all materials or substances utilised which may be hazardous to health, a formal COSHH Assessment will be carried out by the MD or his nominated representative, using the form RAF/F3 appended to this health & safety policy. A register of hazardous substances shall be kept at the head office along with all relevant Manufacturers Safety Data Sheets. Significant findings of the assessments will be communicated to the relevant operatives, together with the necessary MSDS sheets and instructions for use.

#### 7.8 Young Workers

Risk Assessments must be carried out in compliance with The Management of Health & Safety at Work Regulations. This includes young persons on job experience working within the business.

There are also special provisions for young people in the current Working Time Regulations concerning limits of hours of work, rest from work and annual holidays. There are particular definitions of people by age in Health & Safety Law: a young person is anyone under 18 years of age.

Young workers are seen as being particularly at risk because of their possible lack of awareness of existing or potential risks, immaturity and inexperience.

The responsible person will therefore:

- Assess risks to young workers
- Take into account their inexperience, lack of awareness and immaturity
- Prohibit certain activities where higher risks are identified
- Not allow the young person to operate any machinery or equipment without proper supervision and training
- Provide training to ensure competence before allowing any unsupervised activity to be undertaken
- Provide suitable supervision at all times

 Not employ any person under the age of 14 years for any paid or non-paid employment

#### 7.9 Fire Safety

In the event of a fire in Jmr Cleaning Limited premises the MD is the Responsible Person (RP) alternatively in their absence their nominated representative will take charge, in their absence the most senior person on site will assume the responsibility.

On a client's site where Jmr Cleaning Limited are responsible for the site, it is the responsibility Jmr Cleaning Limited RP or their nominated representative on site to ensure that all fire safety procedures are implemented in client buildings and on client sites and are communicated to staff. Where a hot work permit is raised all Jmr Cleaning Limited site operatives are expected to adhere to its requirements.

Jmr Cleaning Limited operatives should ensure they have the appropriate fire extinguisher to hand. A 2 hour fire watch will be maintained after any hot work.

Fire risk assessments will be carried out in all areas occupied by the organisation, the risk assessments will consider sources of ignition, sources of fuel and any extra sources of oxygen over and above what is present in the air. The assessment will evaluate the risk of a fire starting and the effect of the fire on people. The assessment will indicate control measures to remove or reduce the risk of fire starting. The significant findings of the assessment will be communicated to the relevant persons together with the necessary instruction and training.

#### Means of Escape

In the event of fire occurring, it is vital that staff and other persons are able to evacuate the premises.

All existing doors through which a person may have to pass to get out of the premises must be capable of being easily and immediately opened from the inside. Staff will not block or otherwise obstruct exits provided for emergency evacuation.

Access routes must always be maintained unobstructed to exit doors (internal and final exits) sufficient to allow easy access by the number of persons likely to use those routes, (750mm minimum) and employees must observe any line markers to indicate areas which must be kept clear.

Stairways in buildings must be free from any risk of fire or spread of fire eg unauthorised portable heater, combustible material etc.

Under no circumstances should fire doors be wedged open unless they are retained by automatic magnetic release systems or similar which are connected to the fire alarm system.

#### Housekeeping

Good housekeeping is most important. Waste or packing materials should not be allowed to accumulate in any building. No combustible materials should be kept in rooms and stairwells should be kept clear of combustible materials at all times.

#### 7.10 Smoking

In compliance with statutory law, it is the policy of the company that all of our workplaces are smoke free and all employees have a right to work in a smoke free

environment. Smoking is prohibited throughout all client sites with no exceptions. Smoking is not allowed in company vehicles.

This policy applies to everyone.

#### 7.11 Health & Safety Training

The business will provide as much training and re-training as is necessary to ensure, so far as is reasonably practicable, the health and safety of all staff. During staff induction and upon any job transfer, safety training will be provided to ensure that staff are trained in Health & Safety matters to a level appropriate to their responsibilities.

#### **Induction Training**

Every new employee will receive a safety induction on day one of his/her employment. The training will consist of fire safety, manual handling, display screen equipment use (where necessary), and environmental and general safety. New employees will also be given instruction and safety training on the equipment they will be required to use whilst discharging their duties. A training record form EHS/F1 will be maintained at the company offices for each employee.

#### 7.12 Communication with workers

The company uses a variety of methods to communicate information with employees and sub contractors. A quarterly informal meeting is held to discuss any issue, including safety. We will also pass information to employees with payslips as required.

Communication with employees, whose first language is not English, will be carried out using one or more of the following methods:

- Ensure adequate time to consult with employees where language and/or literacy may be issues, so they can absorb the information and respond to you
- Use an interpreter; this may be a trained work colleague
- Get information translated and check that this has been done clearly and accurately by testing it with native speakers
- Use pictorial information and internationally understood pictorial signs where appropriate
- Where information has to be in English, use clear and simple materials, and allow more time to communicate issues

#### 7.13 Pregnant Workers

The company recognise that pregnant workers are more vulnerable to injury and as such will carry out specific risk assessments where a worker notifies them of a pregnancy. Such assessments will consider the workers duties, working conditions and hours, where it is deemed that a risk to the mother or baby is present, suitable controls will be introduced.

#### 7.14 First Aid Arrangements

The MD or his nominated representative will ensure that as a minimum the organisation has an Appointed Person for first aid. The appointed person will be responsible for maintaining the first aid kit and taking charge after an accident, this includes calling for a person qualified in first aid or ambulance if necessary. Where visits are carried out to other premises, the person responsible for Health & Safety will ascertain the first aid procedures to be followed, and details will be provided to

all organisation employees/contractors required to work in or on such premises.

#### 7.15 Emergency Procedures

Where work is carried out in the customer's premises, the MD or his nominated representative will ascertain the procedures to be followed in case of emergency, e.g. lone worker injury etc. and details will be provided to all company employees/contractors required to work in or on such premises.

#### 7.16 Lone working

All employees/contractors who are required to carry out lone working will be given information, instruction and training on the specific hazards of lone working, the MD or his nominated representative will ensure all lone workers carry mobile phones to ensure they are able to be contacted. The MD or his nominated representative will put in place any such measures he deems necessary to ensure lone workers can contact help in the event of an accident or an emergency; such measures may include training, prearranged call in times, etc.

#### 7.17 Machinery Maintenance

All machines including power tools, floor washers/polishers, etc. shall be subject to regular inspection by the contract managers, who will withdraw damaged or unsuitable equipment from service immediately.

All machinery shall also be subject to maintenance and service as per the manufacturers instruction and maintenance schedule, OR at least annually.

#### 7.18 Machinery Operation

All employees/contractors who are required to operate machinery will have the appropriate training and license (where necessary) to operate such machinery. It is company policy to take severe disciplinary action against any person found to be operating machinery without the necessary competence.

All 240 volt appliances must be used with an RCD (Residual Current Device) mounted at the wall socket to protect the equipment and any extension lead in the event of any electrical fault. Alternatively, the power circuit may be protected by an RCD breaker within the distribution panel. This must be confirmed by the Client in order to ensure protection from electrocution.

#### 7.19 Transport Safety

It is the policy of the company to only employ drivers who are competent.

#### Driver approval and competence

A person may only operate Jmr Cleaning Limited vehicles if he or she:

- a) Has held a full UK license for a minimum of 2 years
- b) Has not been disqualified from driving for drink and/or drug offences in the last 5 years, nor has any prosecution pending
- c) Holds the correct license for the type of vehicle being operated

Drivers must inform the company of **any** circumstances that may lead a driver to being unfit for driving duties.

Drivers must inform the office immediately they become aware of any pending prosecution for any driving offence.

All drivers will be asked to present their licenses to the office these will be photocopied and returned.

#### 7.20 Accident Reporting and Investigation

It is the policy of Jmr Cleaning Limited that **all** accidents, incidents and near misses are reported to the site and recorded into the company's accident record book.

The main objective of accident, incidents, near misses reporting and investigation is to reduce incidents and prevent future accidents.

It will be the responsibility of the MD or his nominated representative to notify the Health & Safety Executive in respect of any accident or occurrence for which notification is required by the:

Current - Reporting of Injuries, Diseases and Dangerous Occurrences Regulations

The following must be reported:

- Deaths
- Specified injuries to members of the public on our premises and taken to hospital.
- Over 7 day injuries where an employee or self-employed person is injured at work and away from work or unable to perform their normal work duties for more than 7 consecutive days. This must be reported to the HSE using appropriate forms within 15 days of the accident.
- Some work-related diseases as per RIDDOR
- A dangerous occurrence where something happens that does not result in an injury, but could have done.
- Gas Safe registered gas fitters must also report dangerous gas fittings they find, and gas conveyors / suppliers must report some flammable gas incidents.

Any accident resulting in more than minor injuries or incident which might have resulted in serious injury will be investigated by the MD or his nominated representative.

Depending upon the circumstances of the accident, the MD or his nominated representative may seek the assistance of an external Health & Safety Advisor, both in the investigation and the formulation of preventative procedures to avoid repetition.

A study of the circumstances will help to reduce or remove the causes:

- When the reports are examined over a period of time, it can be seen whether preventative measures have been effective in reducing accidents.
- If these objectives are to be attained, investigation and reporting must be accurate, complete and consistent.
- All accidents and incidents resulting in injury to employees and/or to any other persons or near misses on the premises or sites that Jmr Cleaning Limited employees are working on must be reported immediately to Jmr Cleaning Limited site foreman and or to the site Duty holder or PC and be recorded in the company Accident book and reporting systems.
- Where there is more than one person injured in the accident a separate page should be used for each person.
- All relevant guestions must be completed for every accident resulting in personal injury.
- Care should be taken in completing the Accident Report Form and the Jmr Cleaning Limited Supervisor wherever possible should ensure that the injured person reads the entries recorded on his behalf.
- Care should also be taken when stating the nature of the injury. Unless a medical certificate has been submitted.

#### 7.21 Welfare on Residential Contracts

In most cases, company employees/contractors will be able to use toilet/washing facilities within the customer's premises. It will be the responsibility of the Site Manager to ascertain if this is possible prior to commencement of a contract. Where it is not possible, it will be the responsibility of the Site Manager to establish the location of suitable temporary or public facilities.

Due to the nature of the work, it is not reasonably practicable for the company to provide messing facilities. In some cases, employees/contractors may be able to use customer's facilities, but where this is not possible employees/contractors will be required to make their own arrangements. However, it will be the responsibility of the MD/Site Manager to identify potential public facilities within the vicinity of the work.

#### 7.22 Welfare on Construction Projects

Welfare facilities provided for construction projects shall be implemented as per schedule 2 of the current CDM regulations. A full list of these requirements are provided to each contract manager

#### 7.23 Equipment Inspections and Records

The user must carry out a daily visual inspection of any equipment prior to its use, and must immediately report any defect, or suspected defect to the Supervisor.

The Responsible Person will arrange periodic inspections of all company equipment to include ladders, other access to height, PPE, tools, machines etc, and will keep a record of such inspections in compliance with PUWER.

Works transport will be visually checked by the designated person at a regular frequency, to ensure correct operation of all functions and maintenance of fluid and pressure levels.

Servicing and MOT testing will be carried out in compliance with manufacturer recommendation and current vehicle regulations. For the purposes of record keeping, each item of equipment shall have its own unique reference, which shall be clearly marked on it. Markings must be maintained so that they are clearly discernible at all times.

Where an inspection reveals a defect, it will be the responsibility of the Responsible Person to ensure that the equipment is withdrawn from service, until such time as a suitable repair has been affected. If the equipment is beyond repair, it must be discarded; whether or not a suitable replacement is available, and any work relying on the use of such equipment must be suspended until a suitable replacement is available

#### 7.24 Portable Appliance Testing

The term 'portable' is used to mean portable, movable or transportable. Portable equipment is not part of a fixed installation but when used is connected to a fixed installation (or a generator), by means of a flexible cable, plug and socket. It includes equipment that is hand held or hand operated while connected to the supply.

All portable electrical appliances will be tested in accordance with the regulations, at the recommended intervals, 'as may be necessary to prevent danger'. It will be the responsibility of the site manager to ensure that all equipment provided is suitable for the task, including any provided by a Customer.

Each employee/contractor must carry out a daily inspection of any equipment prior to its use, and must immediately report any defect, or suspected defect to MD/Site Manager.

#### 7.25 PPE

Personal Protective Equipment (PPE) will be provided by the company and the relevant PPE must be worn at all times whist carrying out work. Details of the correct PPE will be made available to employees; no employee/contractor will be permitted to start work without the correct PPE and the necessary information, instruction and training to enable him to utilise the equipment correctly and without risks to safety and health. It will be the responsibility of each contract manager and his site foreman to monitor the wearing of PPE on sites under their control, persons found to be persistently breaching PPE rules will be subject to disciplinary procedures including ejection from site.

#### 7.26 Asbestos

Asbestos is recognised as being an extremely hazardous substance and as such must be treated with the utmost care. When working on site staff and contractors will assume any suspicious material is asbestos and stop work unless there is conclusive evidence to the contrary.

No disturbance such as drilling, breaking or cutting etc shall be carried out to any material suspected of containing asbestos fibres. Any suspicious material shall be reported to the site or building manager immediately.

A Management Survey should always be made available. Its purpose is to locate, as far as reasonably practicable, the presence and extent of any suspected Asbestos Containing Materials (ACMs) in the building which could be damaged or disturbed during normal occupancy, including foreseeable maintenance and installation, and to assess their condition prior to starting work.

Refurbishment and demolition surveys should be made available where refurbishment work or other work involving disturbing the fabric of the building is carried out.

Jmr Cleaning Ltd policy is that we will not work on asbestos products.

#### 7.27 Hand Arm Vibration Syndrome (HAVS)

Anyone who regularly and frequently is exposed to high levels of vibration can suffer permanent injury.

The company will ensure that staff are not subjected to excessive vibration through power tools etc. the company will endeavor to source low vibration tools and limit exposure to such tools the company will also provide adequate information instruction and training to its staff and contractors on the risks of HAVS.

#### 8.0 GUIDANCE

The company commits to operating to the very highest standards of Health, Safety and Quality and will therefore carry out its operations in accordance with best practice as advised by the Health & Safety Executive, and also various trade bodies and associations. This best practice will be reviewed on annual basis and adopted annually or when evidence that significant improvements can be made by adopting sooner.

Guidance documents are kept at head office and will be made available to staff and other interested parties.

#### 9.0 MONITORING HEALTH AND SAFETY PROCEDURES

At regular intervals the MD or his nominated representative will carry out a health & safety audit on one contract, selected at random. The audit will consider the effectiveness of the welfare facilities; emergency procedures, safe methods of work etc. identified at the outset and will identify any corrective action required. Where the MD considers it necessary in order to maintain the desired level of health & safety, they may seek the assistance of an external Health & Safety Advisor in carrying out audits and identifying corrective actions.

#### 10.0 RECORDS

All records will be kept by the MD, in written form indicated in the various appendices. Such records will include:

- Equipment Inspections
- COSHH Assessments
- Generic Risk Assessments
- Staff Training and Induction Records

In addition to the above general records, the following contract specific records will be maintained for each major contract:

- Contract Start-Up Information
- Specific Risk Assessment
- · Method Statements and Safe Systems of Work
- Accident Record Book

#### 11.0 FURTHER INFORMATION

Further information on health and safety issues can be obtained from the Health & Safety Executive website <a href="https://www.hse.gov.uk">www.hse.gov.uk</a>.

Select "Contact HSE" to locate your nearest divisional office address and phone number

Accident Reporting 0845 300 9923

#### **Employment Medical Advisory Service**

Health & Safety Executive Rose Court 2 Southwark Bridge London SE1 9HS

Tel: 020 7556 2100 Fax: 020 7556 2102

#### 12.0 CONCLUSION

The above policy is designed to suit the cleaning services business to which it relates. Should the nature or size of the business change significantly this policy will be reviewed and updated, as appropriate.

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#### 14.0 ENVIRONMENTAL POLICY STATEMENT

Jmr Cleaning Limited has a policy to comply with the Environmental Protection Act, other associated statutory legislation and Approved Codes of Practice (ACOP). This applies to all those who are employed within the company or who are protected by its undertakings. This policy is available to interested parties on request.

It is our policy to do all that is reasonably practicable to:

- Reduce the level of energy consumption, and obtain utility and hardware supplies from environmentally friendly organisations and those who use renewable energy sources
- Recycle equipment, waste products, redundant items and reduce the consumption of consumables
- Use, store, control and dispose of hazardous materials in line with best environmental practices

In particular, it is our policy to:

- Obtain services, equipment and power from providers who are committed to environmental protection
- Aim to reduce pollution and actively pursue reduction in the use of substances, processes and procedures that adversely affect the environment
- Consult with employees on any matter that may affect them related to environmental control
- Continually improve the firm's environmental performance by setting annual targets and reviewing our objectives and measure the progress
- Carry out an annual review and update of this policy and other environmental control systems employed by the firm

Employees are asked to co-operate in the operation of this policy and make a positive contribution to environmental protection, by making themselves aware of the firm's environmental policy and complying with the control measures in place.

Name		
Position		
Signed	Date	

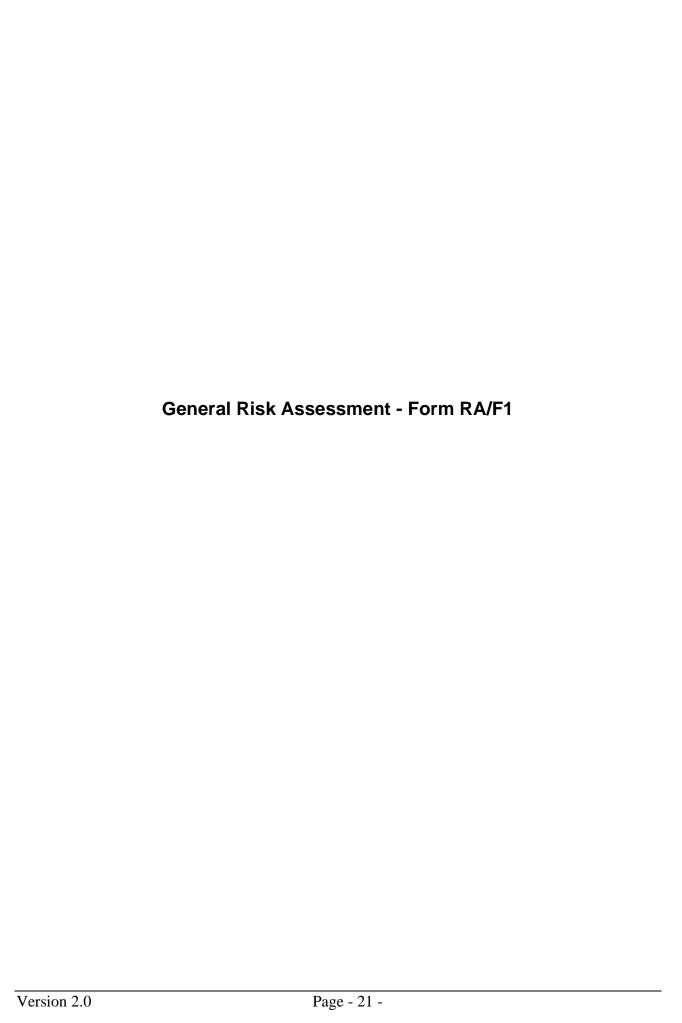
#### 15.0 STATEMENT OF POLICY ON ALCOHOL AND CONTROLLED DRUGS

It is categorically forbidden for employees to enter sites or places of work, to drive a vehicle, use or operate plant and equipment, or to assist or supervise in its use, whether on or off company business, in an unfit state due to the influence of alcohol or illegal drugs and other substances, such as glue. Disciplinary action will be taken if you are caught in the possession of illegal drugs on Company or Client property or in Company Vehicles. Employees taking medicines or prescribed drugs under the direction of their GP, Dentist or Hospital Doctor that may affect their ability to carry out their work duties have a duty of care responsibility and must notify their immediate manager.

Name	
Position	
Signed	Date

#### 16.0 HEALTH & SAFETY FORMS

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Jmr Cleaning Limited			Risk Assessment Sheet			REF N	0			
					Form	n RA/F1		Date		
Task Descr	ription				Location			Date of Review		
A	Print Na	ame		0	Print Name		Equipn	nent or	•	
Assessor	Signed			Supervisor	Signed		Plant n			
Persons Aff	fected Inc	dividuals	or Groups				·	·		
Hazards/Co	onsequen	ces	Existing Contr	ol Procedures	3		Likelihood (a)	Severity (b)	Residual Risk (a x b)	Priorit y
							, ,	,		
IF THE RESIDUAL RISK IS NOT TOLERABLE PLEASE GO TO NEXT SHEET TO ADD FURTHER CONTROL PROCEDURES										
Risk Assess	sment No	tes								

	Likelihood		Severity		Priority
1	Highly Unlikely	1	Trivial	1	Urgent action – (Risk no 15 – 25)
2	Unlikely	2	Minor Injury	2	High Priority – (Risk no 10 – 12)
3	Possible	3	Over 3 day Injury	3	Medium Priority – (Risk no 8 – 9)
4	Probable	4	Major Injury	4	Low Priority – Risk no (2 – 6)
5	Certain	5	Incapacity or Death	5	Very Low Priority– No Action required (Risk no 1)

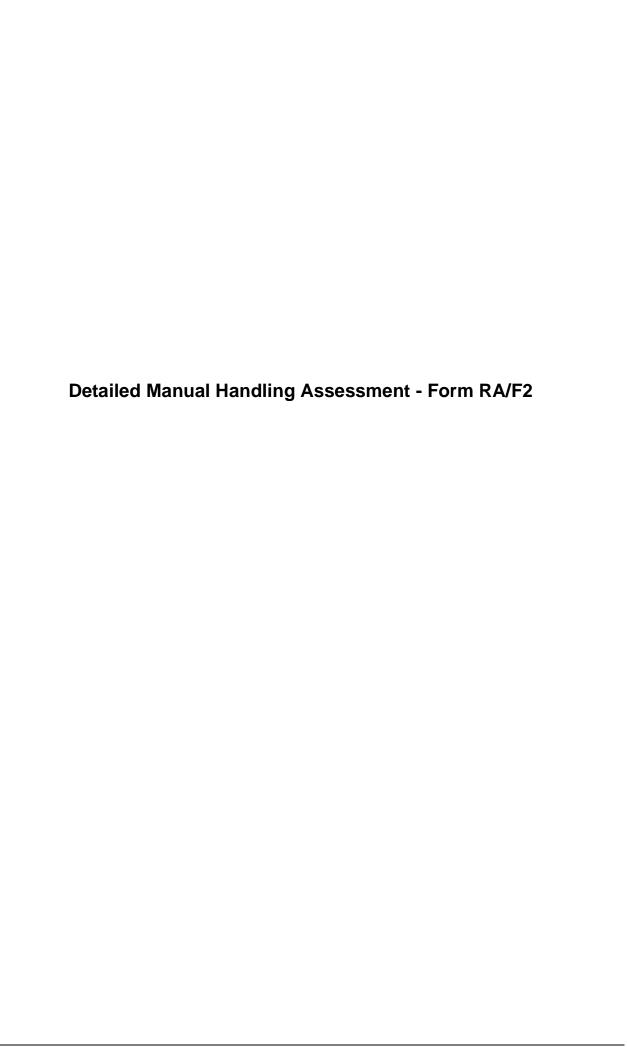
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Official miles Employed	Jmr	Cleaning	Limited
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### Further Control Procedures

Ref No	
Date	

Task Description			Loca	ation						
Hazards/Consequen	ces	Further Control Procedures	Requ	iired	Implement Responsi	ation bility	Probability (a)	Severity (b)	Residual Risk (a x b)	Priority
Safe System of work	/ Metho	od statement								
•										
		Likelihood		Severity			Priority			
		1 Highly Unlikely	1	Trivial		1	Urgent action – (Ris			
		2 Unlikely	2	Minor Injury		2	High Priority – (Risl			
		3 Possible	3	Over 3 day I	njury	3	Medium Priority – (			
		4 Probable	4	Major Injury		4	Low Priority – Risk			
		5 Certain	5	Incapacity o	r Death	5	Very Low Priority-	No Action requir	red (Risk no 1)	



### Jmr Cleaning Limited

## MANUAL HANDLING ASSESSMENT FORMS

RAF/2

SUMMARY OF ASSESSMENT	Assessment reference -
Operations covered by this assessment	Date of Assessment
	Comments -
Locations	
Personnel Involved	

#### Section A- Preliminary:

(Circle as appropriate)

Q1. Do the operations involve a significant risk of injury?

Yes / No

If **YES** go to Q2. If **NO** the assessment need go no further. IF unsure, answer **YES** 

- Q2 Can the operations be avoided/mechanised/automated at reasonable cost? **Yes / No**If **NO**, go to Q3. If **YES**, proceed and check the result is satisfactory.
- Q3 Are the operations clearly within the guidelines?

Yes / No

(Do they involve twisting, stooping, heavy loads, long carrying distances, frequent lifts etc. - Consult Appendix 1 of the Manual Handling Regulations)

If NO, go to section B. If YES, proceed to section C. IF unsure, answer NO

#### See Section B:

#### Section C - Overall assessment of risk:

Q What is the overall assessment of the risk of injury?

#### Insignificant/Low/Med/High

If not **insignificant**, go to section D.

If **insignificant** the assessment is complete

### Section D - Remedial Action:

Q What remedial action should be taken, in order of priority?

Assessor Ref	Action	To be done by	Completion Date
Priority for ac		lil/Low/Med/High	
Priority for ac		lil/Low/Med/High	
Date for re-assess		lil/Low/Med/High	

## Section B: Detailed assessment, if necessary: Handling Factors

		<u>  Factors</u> Start or finish of lift	Close	Mid	Far	Score
		Floor to knuckle	2	4	7	
		Knuckle to shoulder	1	3	5	
		Shoulder to above head	2	4	7	
				No	Yes	
	4	Is the body twisted during lifting?		0	2	
	5	Does the person stoop whilst lifting?		0	4	
	6	Does carrying distance exceed 10 metres?		0	3	
TASK	7	Is vision restricted by the load?		0	2	
SE SE	8	Is the load centrally balanced?		2	0	
	9	Is the centre of gravity evident?		2	0	
	10	Is the load difficult to grasp?		0	2	
	11	Is the load unstable?		0	2	
	12	Is the load hot/sharp/otherwise harmful?		0	2	
	13	Is pushing or pulling required?		0	2	
	14	Could the load suddenly jerk free?		0	4	
- И	15	Does the task involve unusual strength or height?	0	4		
D	16	Has the individual received manual handling training?		4	0	
V	17	Has PPE to be worn?		2	0	
D 	18	Is the person between 18 and 55 years old?		3	0	
U A L	19	Does the person have a medical condition or history that could adversely affect them?		0	4	
		Addition of handling factors (H)				
		Environmental Factors		No	Yes	
Е	20	Is the handling space confined?		0	3	
N V	21	Are conditions wet?		0	1	
l R	22	Is the ground icy?		0	2	
0	23	Is the ground uneven?		0	1	
N M	24	Does the carrying route contain steps?		0	3	
E N	25	Is the handler affected by heat or cold?		0	1	
Т	26	Is the area adequately lit?		2	0	
		Addition of environmental factors (E)			_	

		Weight of load	Value		
	27	0 to 5 kg	1		
	28	5 to 10 kg	3		
0	29	10 to 15 kg	5		
OAD	30	15 to 20 kg	10		
	31	20 to 25 kg	20		
	32	over 25 kg	25	Load factor (W)	

**Frequency Factor** 

33	Occasional - 1	Moderate - 3	Frequent - 10	Frequency (F)
	<30 times per		>5 times a	
	hour		minute	

Risk factor (H+E) x W x F 25

Risk factor

Insignificant<1

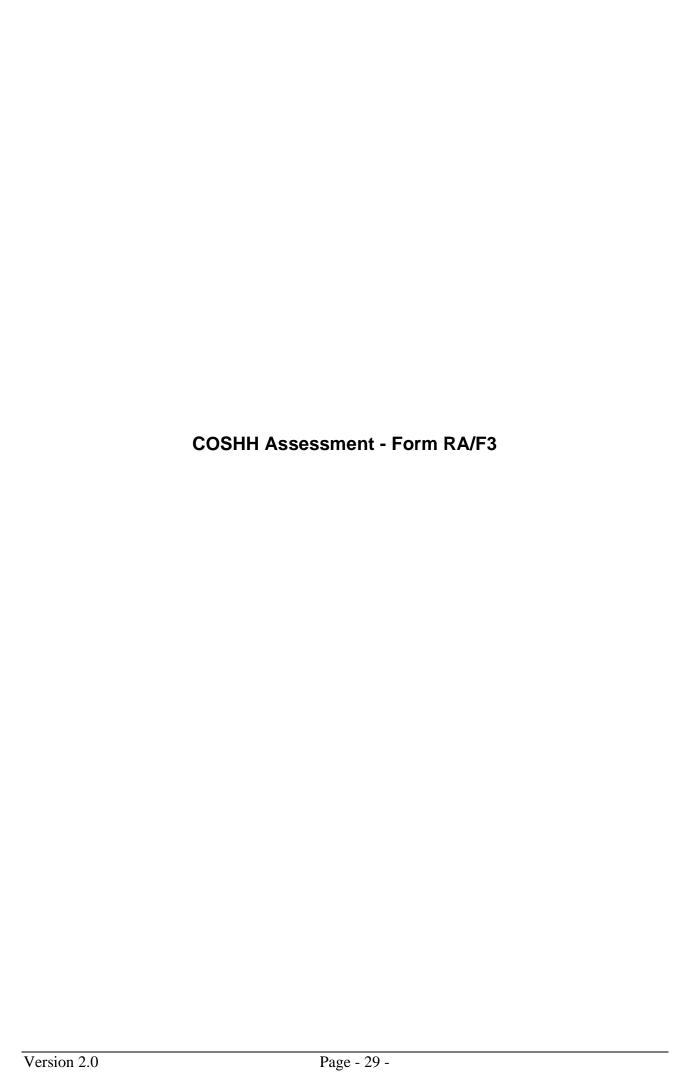
 Low
 1 to 5

 Medium
 5 to 10

 High
 >10

Now return to section C overleaf

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### Jmr Cleaning Limited

## COSHH ASSESSMENT FORM

RA/F3

Name of								COSHH		
Substance							Reference	e		
Supplied By	Date of Assessment									
Persons at Risk	Staff Visitors		Public  Contractor		Young/Pro Workers	Voung/Pregnant Review Date				
	Print			•			Print	t		
Assessor	Signed				Supervisor		ied			
Description of Substance					Method	of use				
Daniel Conference of Francisco	4	D 1 D			entificatio			1 14	.1- 1	
Routes of Er Inhalation	itry	Personal Pro	tective Equipme	ent (I	Mark Requ	ured Boxe	es)	Ma	rk here for non	e 📙
Absorption	ᅥ片	CUL			7			(Fig.		
Ingestion				V.	-			FIX	D	1
Location	<b>.</b>	Hand Protection	Protective clothing		Protective Safety Face Gootwear Glasses Shield		Face Mask	Respirator		
				100						
Risk Phrases										
Safety Phrases										
Components		Occupationa Standard (O)			Maximum Exposure Limits Workplace exposure Limits (WEL)			osure Limits		
		,	,							
			Frequenc	ey &	Duration	of Exposi	ure			
Amount Used			How many	time	s per day			Duration	1	
Small (Millilitres)			$   \begin{array}{c}     1 - 5 \\     5 - 10 \\     More than 1   \end{array} $	0	1 - 5 Minutes   6 - 30 Minutes   31 - 60 Minutes   1 Hour & Above					

SUBSTANCE PROPERTIES (Mark all that apply)								
		5010		The Country of the Co			*	
Oxidising	Explosive	Flammable	Toxic	Harmful or Irritant	Corrosive	Carcinogenic Mutagenic	Dangerous for environment	
			GHS SUBST	CANCE PROPER	TIES			
			• (!)			*	$\Diamond$	
Oxidising	Explosiv	re Toxic	Harmfu	ıl Corrosive	Human Health	Dangerous for environment	Gas under pressure	
				>				
Flammable	Highly Flammab	(Extremely le Flammabl	y) e Carcinoge	enic				
			Con	trol Measures				
	General 1	Precautions			First Aid	Measures		
						40		
	Spillage	Procedure			Fire Pro	evention		
	Spillage	Procedure			Fire Pro	evention		
	Spillage	<b>Procedure</b>			Fire Pro	evention		
	Spillage	<b>Procedure</b>			Fire Pro	evention		
	Spillage	Procedure			Fire Pro	evention		
	Spillage	<b>Procedure</b>			Fire Pro	evention		
	Spillage	Procedure			Fire Pro	evention		
	Spillage	Procedure			Fire Pro	evention		
	Spillage	Procedure			Fire Pro	evention		

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Handling and Storage	Dis	posal Considerations
<u> </u>		
Further Controls Required		Responsibility
COSHH Assessment Comments		
Assessor Summary	YES/NO	Further action
1. Has the assessment considered all factors pertinent to the the substance? If NO please give details of further action	e use of	

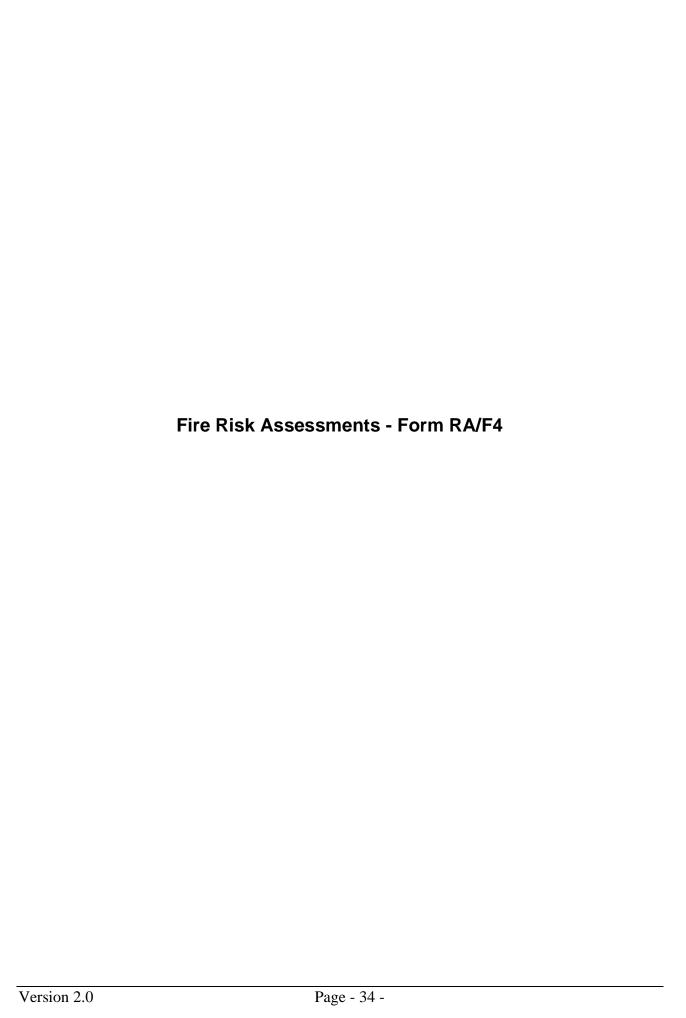
A	ssessor Summary		YES/NO	Further action
1.	Has the assessment considered the substance? If NO please g required	d all factors pertinent to the use of give details of further action		
2.		I the practicability of preventing details of further action required		
3.	and maintain adequate control	d the steps to be taken to achieve of exposure where prevention is NO please give details of further		
4.	Has the assessment considered to the substance If NO please required	the need for monitoring exposure give details of further action		
5.		all action required to comply with details of further action required		

Hierarchy of Control

- 1 Eliminate

- 2 Substitute for safer product
  3 Engineering controls
  4 Introduce safe procedures
  5 Personal Protective Equipment

COSHH Assessment		Please tick							
		110000 01011	l.						
The task is safe to be carried out with procedures.	current control		Tick if no further action	on required					
The task is safe to be carried out subjlisted	ect to actions		problems but requires	tance is not causing significant some action to bring it within to tion should be prioritised an completion					
Task/Substance is Unsafe, significant compliance with Health & Safety star	ndards		significant problems to discontinued until pro	stance has potential to cause o users, use of substance to be olems have been rectified					
It is recommended that the COSHH A a significant change in personnel who conditions such as asthma, dermatitis	o carry it out it e.g								
Signed Assessor			Date						
This Assessment has been discussed	with the user their	r line manager ar	d action agreed						
Signed									
User	Line Man	ager	Date						
I have read and understood the contents of this COSHH Assessment. Anything I did not understand has been explained to me to my satisfaction. I agree to follow the COSHH Assessment and understand that any control procedures are provided for my safety and the safety of others.									
Print Name	Signe	u	Date						
		•••••							
			•••••						

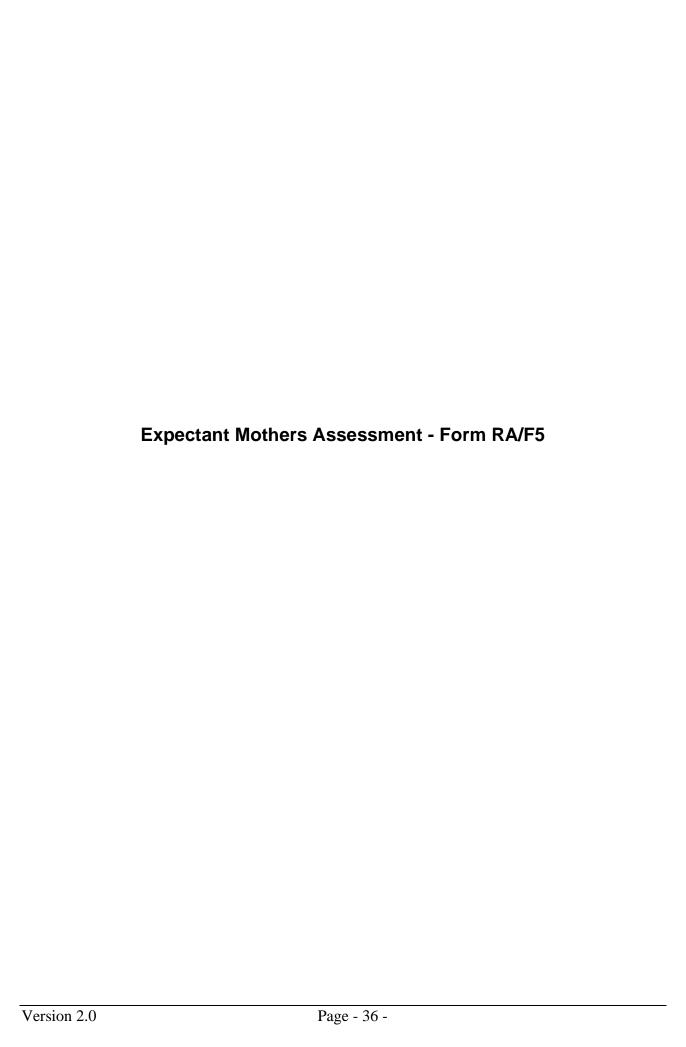


### Jmr Cleaning Limited

## FIRE RISK ASSESSMENT FORM

RA/F4

Floor/Area/	/Room					Reference	e No	
Use								
Assessor	Print Nam	ne		Sup	ervisor	Print Name		
Sheet Num	Signed				e of Assessm	Signed		
				Date	C 017(33C33111	Ont		
Persons at	risk							
Identify The	e Fire Haza	ards						
Sources of			Sources	of Fu	el	Source	es of Oxy	/gen
Evaluate th		Evaluate the Risk		< to	Remove or Reductive Hazards that			e or Reduce
the Fire Sta	arung	people			might start a		from fir	s to people e
								_
					5 14" 0			11 1114
Further Act	tion Requir	ed			By When?		Respor	nsibility
	<u> </u>							
Risk Asses	sment Cor	nments						



## EXPECTANT MOTHERS' ASSESSMENT FORM

RA/F5

(Carried out in line with Regulation 16 of the Management of Health & Safety at Work Regulations 1999)

1. NAME :	2. DEPT :		
3. DATE OF INITIAL	4. DATE PREGNANCY NOTIFIE	D:	
ASSESSMENT : 5. CERTIFICATE SUPPLIED (MD O	(In writing) R REGISTERED MIDWIFE):	VEC	NO
6. APPOINTMENT IN FIRM AND BE	,	YES   WORK	NO CARRIED
OUT:			
a) Does the employee carry out any	manual handling operations?	YES	NO
b) Does the employee work with any	y harmful substances?	YES	NO
<ul><li>c) Does the employee carry out any</li><li>7. IF 'YES' TO ANY OF THE ABOVE</li></ul>		YES	NO
8. WHAT HOURS ARE WORKED?  DO THESE NEED TO BE MODIFI	ED?		
9. WHAT CHANGES TO WORK PR	ACTICES ARE REQUIRED AT TH	HIS STĀ	GE TO

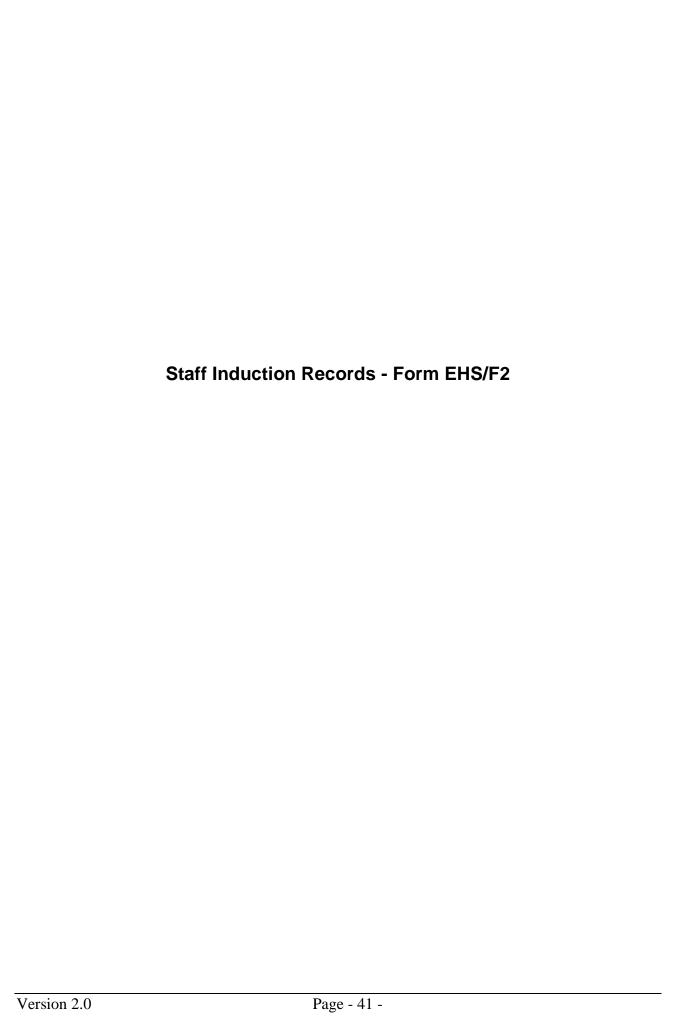
10. WHAT MEASURES HAVE BEEN BECOME ILL AT WORK:	N AGREED SHOULD THE EMPLOYEE						
a) To rest and recuperate on site :	a) To rest and recuperate on site :						
b) To return home (if necessary):							
11. FOLLOW UP MEETING (ONE)	(Amendments to Box 8/9) :						
12. FOLLOW UP MEETING (TWO)	(Amendments to Box 8/9)						
12.1 322311 31 111211113 (1113)	(, unertainente te Box 6, 6) :						
13. FOLLOW UP MEETING (THRE	E) (Amendments to Box 8/9) :						
Date maternity leave expected to co Date of next assessment meeting:	mmence :						
2.							
3. 4.							
I agree that this is a true record of the above meeting :							
Signature of Assessor : Signature of Employee :							
Appointment : Date :							



# STAFF TRAINING RECORD

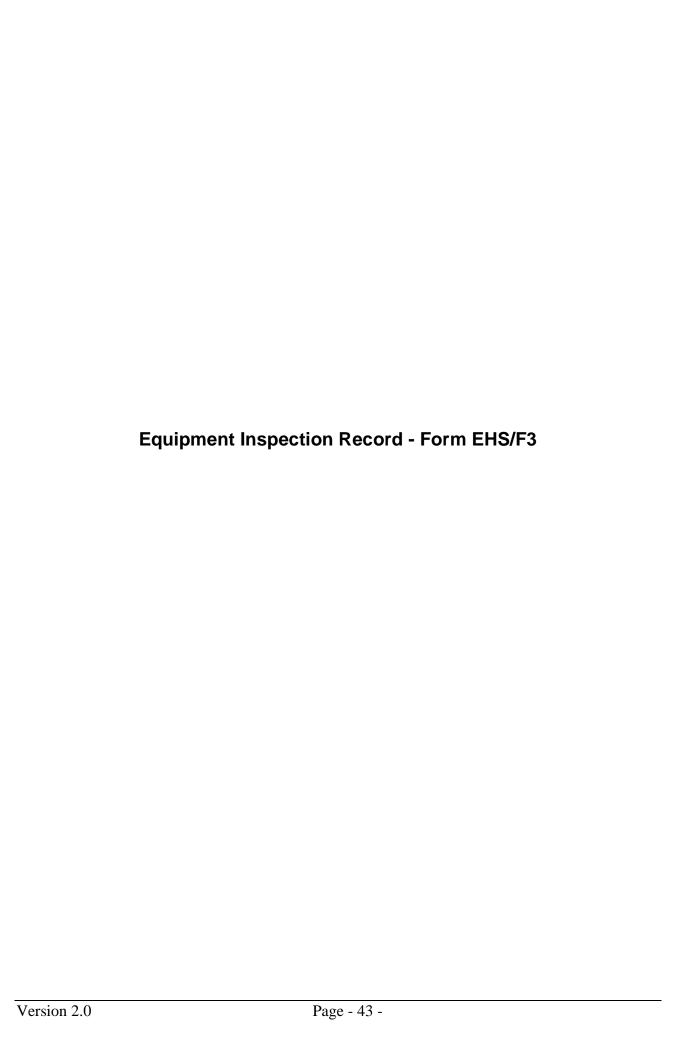
EMPLOYEE	
CONTRACTOR	

Date Of Training	Type Of Training	Training Organisation/Person	P = Pass F = Fail



# STAFF INDUCTION RECORD

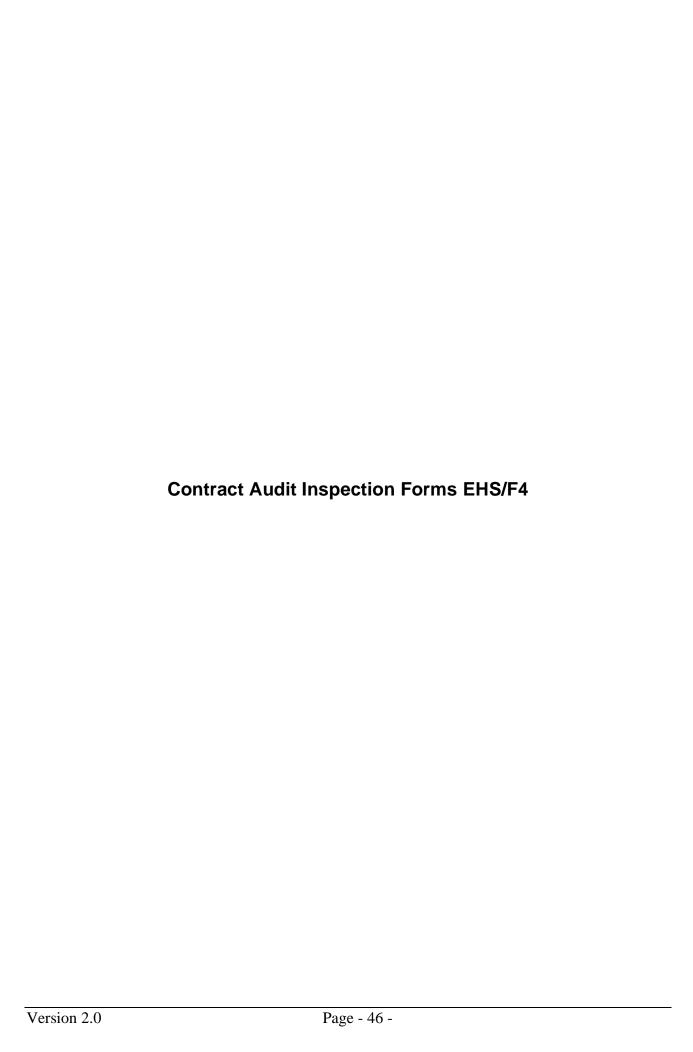
Employee/ Contractor Name	Date Of Induction	Topics Covered	Further Training Identified



#### **EQUIPMENT INSPECTION RECORD**

Appliance	Date	Inspected by	Location	Condition	Comments/Action
	1				

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#### **CONTRACT AUDIT & INSPECTION SHEETS FORM EHS/F4**

Site:	Audit Month:	
Address:	Date:	
Contractor:	By Whom:	

Serial	Heading	Function	Yes	No	Location/Remarks

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Serial	Heading	Function	Yes	No	Location/Remarks
Addition	nal Comments				
C:			Off:	Managag	
Signatui	re:		Office	wanager:	
			Signat	ure:	
Namo:			Date:		
1401116			Date	•••••	
	OO NOT ABBREVIATE IN	REMARKS COLUMN			
FILL IN A	LL BOXES				

Where significant problems/observations are noted a copy of the inspection sheet should be passed to the Managing Director within 2 Days

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#### FIRE CHECK LIST

Floor/Area/Room N	No				Reference	e No	
Use							
Assessor	Print Sign	Name ed		Sup	ervisor	Print N Signed	
Sheet Number	9			Date	e of Assess		-
Persons at risk				•		•	
Identify The Fire H	azard	S					
Sources of ignition			Sources of Fue	el		Sources	s of Oxygen
							, ,
Evaluate the Risk	of	Evalua	te the Risk to		ove or Red		Remove or Reduce
the Fire Starting		people			lazards that t start a Fire		the risks to people from fire

Further Action Required	Ву	Responsibility
Risk Assessment Comments		

	Yes	No	N/A	Comments
Daily checks	1		,	<u></u>
Escape routes				
Can all fire exits be opened immediately and easily?				
Are fire doors clear of obstructions?				
Are escape routes clear?				
Fire warning systems				
Is the indicator panel showing "normal"?				
Escape lighting				
Are luminaries and exit signs in good condition and		Гп		
undamaged?				
Fire fighting Equipment				
Are all extinguishers in place?				
Are fire extinguishers clearly visible?		İΠ		
Are vehicles blocking fire hydrants or access to				
them?		Ш		
Weekly checks				
Escape routes				
Do all emergency fastening devices to fire exits (push bars and pads etc) work correctly?				
Are external routes clear and safe?				
Fire warning systems	<u> </u>			<u> </u>
Does testing a manual call point send a signal to the indicator panel? (Disconnect the link to the receiving centre or tell them you are performing a test)				
Did the alarm system work correctly when tested?				
Did staff and other people hear the fire alarm?				
Did any linked fire protection systems operate correctly?(e.g. magnetic door holder released, smoke curtains drop)				
		$\Box$		
		H		
Escape lighting	<u> </u>			
Are charging indicators (if fitted) visible?				
Fire fighting equipment				
Is all equipment in good condition?				
Additional items from manufacturers				
recommendations.		Ш		
Monthly checks				
Escape routes				
Do all electronic release mechanisms on escape				
doors work correctly?				
Are fire door seals and self closing devices in good condition?				
	1		l	1

Do all internal self closing fire doors work correctly?	
Escape lighting	
Do all luminaries and exit signs function correctly	
when tested?	
Fire fighting equipment	
Is the pressure in 'stored pressure' extinguishers correct?	
Are the cylinders in good condition?	
Six monthly checks	
General	
Has the system been checked and maintained by a competent person (Usually ADT)?	
Escape lighting	
Do all luminaries operate on test for one third of their rated value?	
Additional checks from manufacturers recommendations.	
Annual Checks	
Escape routes	
Do all self closing doors fit correctly?	
·	
Escape lighting	
Do all luminaries operate on test for their full rated	
duration?	
Has the system been checked by a competent person?	
Fire fighting equipment	
Has all fire fighting equipment been checked by a competent person?	
Miscellaneous	



## CONTRACTORS SAFETY INFORMATION

EHS/F6

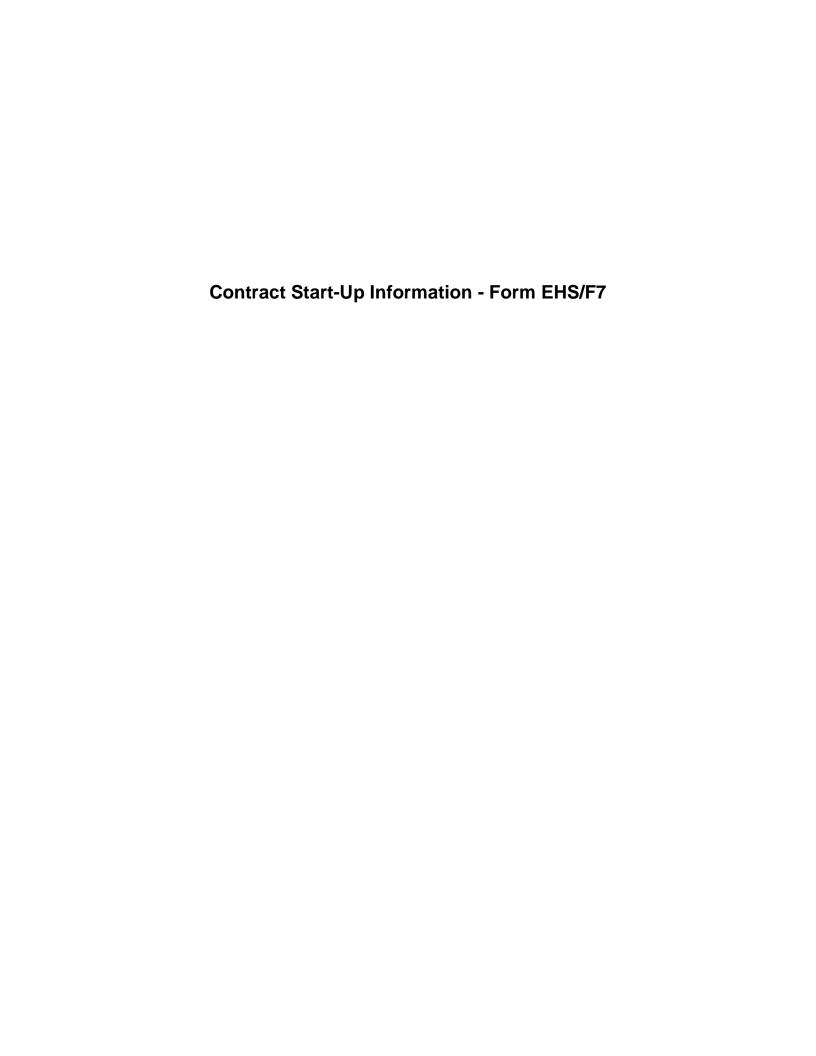
This information (which is part of the organisation Health & Safety Policy) applies to all contractors and others under their control, engaged to carry out specific work **on client premises** and forms part of the contract.

IT IS OUR INTENTION TO SECURE A HIGH STANDARD OF SAFETY IN ALL AREAS UNDER OUR CONTROL. Therefore, the following conditions are an integral part of the contract.

Contractors employed by Jmr Cleaning Limited are required to:-

- Familiarise themselves (and their personnel) with the work site and any hazards that may be encountered
- Conduct their activities in accordance with safe practices, taking precautions to protect the work site, all employees and others that may be affected by their activities
- Ensure that a **Method Statement (safe system of work)** is implemented at all times and that you can provide the evidence of insurance to cover any common law damages which may arise from your activities
- Ensure that signs and guards are placed around any floor openings or hazardous obstructions and that any removed guard, duct covers or barriers etc. are replaced before leaving the area unattended
- Comply with our Health & Safety Rules and Health & Safety Policy
- Comply with all occupational Health & Safety Laws applicable to the work being undertaken
- Ensure their personnel are provided with suitable protective clothing and equipment
- Keep their employees within the areas designated for the work being undertaken and access to it
- Engage on the contract only such persons as are skilled, experienced and competent in performance of their trade or tasks
- To carry out and record a 'suitable and sufficient' Risk Assessment prior to commencement of any work whenever this should be deemed necessary.
- Not to commence any work designated 'High Risk' without the appropriate 'PERMIT TO WORK' having been issued.
- Be aware of the requirements of RIDDOR.
- Provide copies of the assessment of site specific risk and COSHH assessments along with the appropriate method statements for the tasks in hand to the appropriate individual.

## CONTRACTORS ARE NOT RELIEVED OF ANY OF THEIR DUTIES AND OBLIGATIONS UNDER STATUTE OR COMMON LAW.



Risk Assessment

## CONTRACT START-UP INFORMATION



# Jmr Cleaning Limited SAFETY POLICY FOR SITE WORK

(To be given to all employees/contractors engaged to carry out work on customer premises)

This information (which forms a part of our Company Health & Safety Policy) is provided to assure all site operators of our commitment to Health & Safety in the workplace.

IT IS OUR INTENTION TO SECURE A HIGH STANDARD OF SAFETY AT ALL TIMES.

Employees of this company will:-

- Report to the relevant Manager / Site Foreman before commencing any work.
- Report back to the company representative on the completion of any lone working
- Familiarise themselves with the work site and any hazards that may be encountered.
- Conduct their activities in accordance with safe practices, taking precautions to protect themselves and any others that may be affected by their activities.
- Carry out all work to the high standard to which they have been trained
- Comply with site operators Health & Safety Rules and emergency Procedures.
- Comply with all occupational Health & Safety Law applicable to the work being undertaken.
- Remain within the areas designated for the work being undertaken and access to it.

We are also committed to:-

- Engaging on the contract only such persons as are skilled, experienced and competent in the performance of their trade.
- Ensuring that 'suitable and sufficient' Risk Assessments are carried out and significant findings recorded prior to commencement of any work, along with appropriate Method Statement.
- Ensuring that all work is carried out to the highest standards of safety and quality
- Providing all our employees with suitable protective clothing and P.P.E.

JMR CLEANING LIMITED AND ALL EMPLOYEES ARE FULLY AWARE OF THEIR DUTIES AND OBLIGATIONS UNDER STATUTE AND COMMON LAW. WE ADHERE TO THE LETTER AND SPIRIT OF ALL HEALTH & SAFETY LEGISLATION.